



The Asia-Pacific Early Mobilization Network presents
The 1st Annual Conference on Early Mobilization & Rehabilitation in the ICU
Monday, July 20, 2015 in Tokyo Japan– Conference Official Program

Official Languages for Conference: English and Japanese (there will be simultaneous interpretation)

10:00~10:10: Welcome and Opening Remarks (Hajime Katsukawa, PT, PhD - Japan)

Session 1 Key Concepts for Early Mobilization and Rehabilitation

10:10~10:30 Acute Skeletal Muscle Wasting in Critical Illness

(Zudin Puthuchery, PhD - Singapore)

10:30~11:40 **Keynote: Early Rehabilitation in the ICU: Rationale, Evidence & Implementation**

(Dale Needham, MD, PhD - Canada/USA)

11:40~11:55 Break

Session 2 Components of a Successful Early Mobilization and Rehabilitation Program

11:55~12:15 Management of Sedation for Early Mobilization and Weaning

(Sungwon Na, MD, PhD - Korea)

12:15~12:35 Prevention of ICU Delirium and Long-Term Complications after ICU

(Toru Kotani, MD - Japan)

12:35~12:55 Nursing as Part of Interdisciplinary Early Mobilization in the ICU

(Karin Klas, CCRN, Mag - Austria)

12:55~13:10 Question & Answer session

13:10~14:10 Lunch Break

Session 3 Specific Topics for Successful Early Mobilization in the ICU

14:10~14:30 How to Develop and Evaluate an Early Mobilization Program

(Suk-Kyug Hong, MD, PhD - Korea)

14:30~14:50 Safety Issues and Clinical Decision-Making for Patient Mobilization

(Chi Ryang Chung, MD - Korea)

14:50~15:10 Mobilization Aids/Equipment and Safe Patient Handling

(David McWilliams, PT - UK)

15:10~15:30 In-Bed Cycling and Neuromuscular Electrical Stimulation

(Sue Berney, PT, PhD - Australia)

15:30~15:45 Question & Answer session

15:45~16:00 Break

Session 4 Advancing Early Mobilization in Asia: Collaboration & Surmounting Barriers

16:00~16:25 Early Rehabilitation in Japan: the present condition and barriers

(Ryo Kozu, PT, PhD - Japan)

16:25~16:50 How to Change ICU Culture: A Multi-Disciplinary Approach

(Shunsuke Taito, PT, PhD - Japan)

16:50~17:20 Panel Discussion

(Karin Klas, Ryo Kozu, Chi Ryang, Sue Berney, Dale Needham, Hajime Katsukawa)

17:20 Wrap-Up